



Healthy Choice Menu

SANDWICHES

CHICKEN & SALAD	\$4.00
TUNA & SALAD	\$4.00
HAM & SALAD	\$4.00
HAM, CHEESE & TOMATO	\$4.00
EGG & SALAD	\$4.00
CHEESE OR SALAD	\$3.50
EGG OR CURRIED EGG	\$3.00
HAM, TUNA OR CHICKEN	\$3.00
VEGEMITE	\$2.00

ROLLS

CHICKEN & SALAD	\$4.50
HAM & SALAD	\$4.50
HAM & CHEESE	\$4.50
HAM & CHEESE & TOMATO	\$4.50
EGG & SALAD	\$4.50
CHEESE OR SALAD	\$4.00
EGG OR CURRIED EGG	\$4.00
HAM, TUNA OR CHICKEN	\$4.00
VEGEMITE	\$2.50

WRAPS

CHICKEN & SALAD	\$5.00
HAM & SALAD	\$5.00
HAM & CHEESE	\$5.00
HAM, CHEESE & TOMATO	\$5.00
EGG & SALAD	\$5.00

EXTRAS

TOASTING	Add 20c
MAYO, SWEET CHILLI SAUCE	Add 30c
CHEESE, BEETROOT, SUNDRIED TOMATO	Add 50c
EGG, AVOCADO, PINEAPPLE	Add \$1.00

HEALTHY SNACK ITEMS AVAILABLE
- PLEASE CHECK THE FRIDGE -

Assorted Fresh salad boxes
&
Fruit salad
from \$3.50

see in Cafe Fridge



4 piece tray \$4.50
5 piece tray \$5.50

SUSHI

Term 1

Pre Packaged Hot Meals

Lasagna
Fried Rice (Gluten Free)
Mac Cheese
Beef Ravioli
Vegetable Lasagna \$4.00



HOT FOOD CHOICES

Monday	Tuesday	Wednesday	Thursday	Friday
Hamburger and Salad \$4.50	Chicken Burger & Salad \$4.50	Teriyaki Chicken \$4.50	Spaghetti Bol \$4.50	Fish & Potato Gems \$5.00
Butter Chicken & Rice \$4.50	Beef Nachos \$5.00	Pizza Slab \$3.00	Chilli Sub \$4.50	Pasta Bake \$4.50
* Assorted Pastries from \$1.50	Hot Dogs (extras from 20c) \$3.00	Mini Chicken Wrap \$3.00	* Assorted Pastries from \$1.50	Meatball Pasta \$4.50